



1ST

PETER

Encouragement to endure when life gets tough

1 Peter 5:5-14

⁵ In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with humility toward one another, because, “God opposes the proud but shows favor to the humble.” ⁶ Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time.

1 Peter 5:5-14

⁷ Cast all your anxiety on him because he cares for you.⁸ Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. ⁹ Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.

1 Peter 5:5-14

¹⁰ And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. ¹¹ To him be the power for ever and ever. Amen.

1 Peter 5:5-14

¹² With the help of Silas, whom I regard as a faithful brother, I have written to you briefly, encouraging you and testifying that this is the true grace of God. Stand fast in it.

¹³ She who is in Babylon, chosen together with you, sends you her greetings, and so does my son Mark. ¹⁴ Greet one another with a kiss of love. Peace to all of you who are in Christ.

MAIN IDEA:

As we grow in humility,
we will experience less anxiety.

We grow in Christ-like humility when we...

We grow in Christ-like humility when we...

1) Choose to think about ourselves less.

“True humility is not thinking less of yourself,
it is thinking of yourself less.”

- C.S. Lewis, Mere Christianity

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We grow in Christ-like humility when we...

1) Choose to think about ourselves less.

2) Meditate on God's love and care for us.

“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them.

Are you not much more valuable than they?
Can any one of you by worrying add a single
hour to your life?

- Jesus, Matthew 6:25-27

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3) Stand firm in God's love when temptations come.

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4) Stop expecting immediate gratification.

“The key, of course, is the phrase “in due time”. God never exalts anyone until that person is ready for it. First the cross, then the crown; first the suffering, then the glory. Moses was under God’s hand for forty years before God sent him to deliver the Jews from Egypt. Joseph was under God’s hand for at least thirteen years before God lifted him to the throne.

One of the evidences of our pride is our impatience with God, and one reason for suffering is that we might learn patience.”

- Dr. Warren Wiersbe

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- 4) Stop expecting immediate gratification.